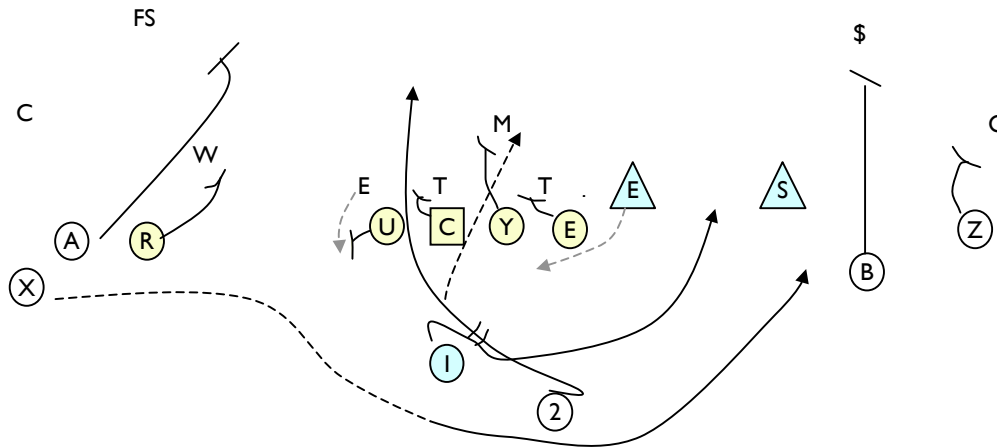




241 Wide Stagger X Fly Zone Option



PLAY CONCEPT:

This zone option play, is a great compliment to a team running the Spread Option offense. All your blocking and mesh techniques remain the same, but you are showing the defense a completely different look. You can implement a pre-snap shift choreography from your Eagle formation or scatter to this 241 formation prior to running the play. QB give & pull reads the same for zone read schemes, with lots of great complimentary plays to pressure the defensive reads.

ASSIGNMENTS

X : Fly motion 90% speed behind the # 2 back and become the Pitch Back on Option Right

A : Convoy

R : Convoy

U : Ensure A-Gap but emphasize the Kick Out block on the backside # 3 technique

C : Reach/Zone step left and drive block or log the Nose or weak side DT

Y : Reach/Zone step left and work up to drive block the MLB

E : Zone step and/or drive block the play side DT down away from Option (Heels to the Play)

B : Stalk block the Strong Safety

Z : Stalk block the CB

I : Reach back with the football & step at 45 Degree Angle with Right foot and sit. Read the play side DE (if DE takes the Dive, then you Keep it and Option the SLB with the X – Fly Back). If the DE stays wide/up field, then Give the ball to the # 2 Back on the Dive

2 : Heels at 8-yards downhill at weak A-Gap, expect the handoff & cutback if possible. Or fake.